

FAMILY NEWSLETTER



March 2014



NATIONAL NEWS



SIGN UP FOR SUMMER CAMP NOW!

BY DARIO SANTANA, FAMILY PROGRAMS & CHARITABLE RESOURCES COORDINATOR
NAVY WOUNDED WARRIOR – SAFE HARBOR

Spring is the best time to begin searching for summer camps that your children might like to attend. Keeping children busy during school vacation can be a difficult task, especially for the families of wounded warriors, who are consumed with many more pressing tasks. The resources outlined below may help alleviate some of the stress that can accompany summer scheduling.



Children from military families enjoy adventures at Operation Purple Camps.

Camps designed specifically for military children can be particularly enriching for wounded warrior families. There, children can connect with others just like them. The camps bring together children from all ranks and services, and provide a unique and memorable summer camp experience. Check out these great opportunities:

- **Camp Corral:** This camp offers a week of non-stop fun and excitement in the great outdoors for military children ages 8 through 15 (with a special focus on the children of wounded warriors). Visit www.campcorral.org.
- **Boys & Girls Club Camps:** Many Boys & Girls Club chapters offer summer camps for local children. Visit www.bgca.org.
- **Military Teen Adventure Camps:** The Department of Defense's Office of Family Policy partners with several universities to offer Teen Adventure Camps for military children ages 14 to 18. Visit bit.ly/1hah2lJ.
- **Operation Purple Camps:** These camps offer a free week of summer fun for military kids whose parents have been, are currently or will be deployed. Visit bit.ly/1lwaeBy.
- **Other Resources:** Check out the online Summer Camp Directory at www.campage.org or find local programs at www.militaryinstallations.dod.mil.



NWW is pleased to welcome its new director,
Capt. Brent Breining!

He is looking forward to assisting NWW enrollees
and their families and caregivers.

Visit <http://safeharbor.navylive.dodlive.mil> to learn more about him!



APRIL IS THE MONTH OF THE MILITARY CHILD

Navy Wounded Warrior (NWW) – Safe Harbor joins the Department of Defense and the entire military community in celebrating April as the Month of the Military Child. Military children face many special challenges, such as having a deployed parent or moving frequently. April is a time to recognize their accomplishments and resilience.

In particular, the children of wounded warriors often face taller hurdles than other children. Their family dynamic is forever changed after their loved one is injured or diagnosed with a serious illness. They, too, have to heal, and to find a new normal.

NWW provides assistance to wounded warrior families, including children. From connecting them to scholarships and camps, to sharing mental health resources and literature on coping strategies, NWW is ready to help.

Learn more about the Month of the Military Child at www.monthofthemilitarychild.org.



Wounded Warrior Family Newsletter

March 2014



REGIONAL NEWS



BELOW IS A SAMPLING OF ADDITIONAL NEWS AND RESOURCES FOR WOUNDED WARRIOR FAMILIES IN NAVY REGION MID-ATLANTIC.

MARK YOUR CALENDAR!

Get out there and have some fun! Enjoy the activities listed below or check out the “Things To Do!” section of <http://discovermwr.com> to find more.

- April 23: The Teal Ribbon 5K Race in honor of Sexual Assault Awareness Month (http://discovermwr.com/media/regional/runs/nsahr_tea-ribbon-5K.pdf)
- April 24: The free Spring Fever 5K Race (with obstacles) (http://discovermwr.com/media/regional/runs/naso_springfever5k.pdf)
- May 30: The Patriotic Festival hosted by the USO of Hampton Roads and Central Virginia (<http://usohrcv.com/events/patriotic-festival>)

GET INVOLVED IN THE TEAM NAVY WARRIOR GAMES TRIALS!



A wounded warrior practices throwing the shot put.

Are you looking to get active again and possibly strike gold at the 2014 Warrior Games? Join NWW for the 2014 Team Navy Warrior Games Trials in Norfolk, Va., May 31 through June 7.

Adaptive athletics – sports that are modified to meet the abilities of injured or ill individuals – have made a significant impact on the lives of countless recovering service members. At the trials, wounded warriors will compete in archery; cycling; seated volleyball; shooting; swimming; track and field; and wheelchair basketball. Those sports will be contested at the annual Warrior Games, an annual competition among all services. To learn more, contact NWW Regional Director Lt. Justin Short at 757-953-7576 or justin.b.short@med.navy.mil.

EMPLOYMENT OPPORTUNITIES AVAILABLE THROUGH NAF HR



Learn about the jobs available to veterans and military spouses!

Are you looking for a civilian job in the Mid-Atlantic Region? The Non-Appropriated Fund (NAF) Human Resources office offers employment opportunities at a variety of facilities, including golf courses, lodging, bowling centers, outdoor recreation centers, child development centers, youth centers, and swimming pools – just to name a few.

NAF employees are compensated by NAF funds, which are the revenues generated by those facilities. The available positions offer competitive wages and benefits, and hiring preference is granted to military spouses, involuntarily separated military members, and veterans. To view local job opportunities and access needed resources and forms, visit www.discovermwr.com/nafhr/index.html. View the “Locations” tab to find NAF Human Resources offices in the Mid-Atlantic Region.

HIT THE LINKS FOR WOUNDED WARRIORS

The Virginia Advisory Council on Military Education (VA-ACME) will host its Annual Training Symposium March 25-27. The symposium kicks off with a charity golf tournament at the Aeropines Golf Course on Naval Air Station Oceana on March 25. All tournament proceeds benefit the Virginia Wounded Warrior Program, which assists veterans overcoming the challenges of stress-related and traumatic brain injuries. The symposium also includes a military transition job fair. Visit www.vaacme.org to learn more.

ARE YOU AWARE...

OF THE MANY SERVICES AVAILABLE TO ENROLLEES OF NAVY WOUNDED WARRIOR - SAFE HARBOR?
From adaptive athletics to a mentor program for transitioned wounded warriors, there is something for everyone! Learn more at
[HTTP://SAFEHARBOR.NAVYLIVE.DODLIVE.MIL](http://SAFEHARBOR.NAVYLIVE.DODLIVE.MIL)

GET CONNECTED TODAY!

<http://safeharbor.navalive.dodlive.mil>

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