

# FAMILY NEWSLETTER



March 2014



## NATIONAL NEWS



### SIGN UP FOR SUMMER CAMP NOW!

BY DARIO SANTANA, FAMILY PROGRAMS & CHARITABLE RESOURCES COORDINATOR  
NAVY WOUNDED WARRIOR – SAFE HARBOR

Spring is the best time to begin searching for summer camps that your children might like to attend. Keeping children busy during school vacation can be a difficult task, especially for the families of wounded warriors, who are consumed with many more pressing tasks. The resources outlined below may help alleviate some of the stress that can accompany summer scheduling.



Children from military families enjoy adventures at Operation Purple Camps.

Camps designed specifically for military children can be particularly enriching for wounded warrior families. There, children can connect with others just like them. The camps bring together children from all ranks and services, and provide a unique and memorable summer camp experience. Check out these great opportunities:

- **Camp Corral:** This camp offers a week of non-stop fun and excitement in the great outdoors for military children ages 8 through 15 (with a special focus on the children of wounded warriors). Visit [www.campcorral.org](http://www.campcorral.org).
- **Boys & Girls Club Camps:** Many Boys & Girls Club chapters offer summer camps for local children. Visit [www.bgca.org](http://www.bgca.org).
- **Military Teen Adventure Camps:** The Department of Defense's Office of Family Policy partners with several universities to offer Teen Adventure Camps for military children ages 14 to 18. Visit [bit.ly/1hah2IJ](http://bit.ly/1hah2IJ).
- **Operation Purple Camps:** These camps offer a free week of summer fun for military kids whose parents have been, are currently or will be deployed. Visit [bit.ly/1lwaeBy](http://bit.ly/1lwaeBy).
- **Other Resources:** Check out the online Summer Camp Directory at [www.campage.org](http://www.campage.org) or find local programs at [www.militaryinstallations.dod.mil](http://www.militaryinstallations.dod.mil).



NWW is pleased to welcome its new director,  
Capt. Brent Breining!

He is looking forward to assisting NWW enrollees  
and their families and caregivers.

Visit <http://safeharbor.navylive.dodlive.mil> to learn more about him!



### APRIL IS THE MONTH OF THE MILITARY CHILD

Navy Wounded Warrior (NWW) – Safe Harbor joins the Department of Defense and the entire military community in celebrating April as the Month of the Military Child. Military children face many special challenges, such as having a deployed parent or moving frequently. April is a time to recognize their accomplishments and resilience.

In particular, the children of wounded warriors often face taller hurdles than other children. Their family dynamic is forever changed after their loved one is injured or diagnosed with a serious illness. They, too, have to heal, and to find a new normal.

NWW provides assistance to wounded warrior families, including children. From connecting them to scholarships and camps, to sharing mental health resources and literature on coping strategies, NWW is ready to help.

Learn more about the Month of the Military Child at [www.monthofthemilitarychild.org](http://www.monthofthemilitarychild.org).



# Wounded Warrior Family Newsletter

March 2014



## REGIONAL NEWS



*BELOW IS A SAMPLING OF ADDITIONAL NEWS AND RESOURCES FOR WOUNDED WARRIOR FAMILIES IN NAVY REGION HAWAII.*

### eKNOWLEDGE OFFERS SAT AND ACT PREP FOR NAVY FAMILIES



Do you have a family member who is preparing for college entrance exams? The Navy's eKnowledge program offers SAT and ACT PowerPrep programs for less than \$20. The programs are available online or on a single DVD. The programs include more than 11 hours of video instruction and 3,000 files of supplemental test preparation materials, such as interactive diagnostic tools, sample questions and practice tests. Students select the training they need, and study and their own pace. To get started or to learn more, visit [www.eKnowledge.com/USNavy](http://www.eKnowledge.com/USNavy) or call 951-256-4076.

### CONNECT WITH PROJECT FOCUS!



FOCUS (Families OverComing Under Stress) provides resiliency training to military children and families. It teaches practical skills to meet the challenges of deployment and reintegration, to communicate and solve problems effectively, and to successfully set goals together (<http://focusproject.org>). FOCUS is a service

initiated by the Navy Bureau of Medicine and Surgery.

FOCUS Family Resiliency Training for Military Families is available in Hawaii at these locations: Joint Base Pearl Harbor-Hickam, MCB Hawaii, Schofield Barracks and Wheeler Army Airfield. Contact NWW Non-medical Care Manager Chief Hospital Corpsman Lisa Lee at 808-473-2444 X555 for more information.

### "PRIDE OF THE PACIFIC" TICKETS AVAILABLE



*The historic "Pride of the Pacific" Hawaii Theatre in Honolulu.*

Are you interested in jazz music, or are you looking for an opportunity for a special night out? Navy Region Hawaii NWW representatives have complementary tickets to a March 22 concert featuring the legendary Jimmy Borges, who will be accompanied by a 15-piece jazz band and a 45-man barbershop quartet. The concert will take place at the historic "Pride of the Pacific" Hawaii Theatre ([www.hawaii theatre.com](http://www.hawaii theatre.com)). A very

generous theater patron and military supporter purchased \$3,000 worth of tickets for 100 wounded warriors from all branches of service in the Hawaii region. Contact NWW Non-medical Care Manager Chief Hospital Corpsman Lisa Lee at 808-473-2444 X555 for more information. Enjoy an evening of world-class entertainment!

### FILE SCHOOL RECORDS VIRTUALLY!

The Military Child Education Coalition offers a cutting-edge education resource for military children called SchoolQuest. It serves as a safe, centralized virtual file drawer, where students or parents can keep track of the many details that are so difficult to organize, but essential when students move or apply for college, jobs or military service. It also is a search site for students preparing for college entrance exams, searching for scholarships, and more. Visit [www.schoolquest.org](http://www.schoolquest.org) to create a profile.

### ARE YOU AWARE...

OF THE MANY SERVICES AVAILABLE TO ENROLLEES OF NAVY WOUNDED WARRIOR - SAFE HARBOR?  
*From adaptive athletics to a mentor program for transitioned wounded warriors, there is something for everyone! Learn more at*  
[HTTP://SAFEHARBOR.NAVYLIVE.DODLIVE.MIL](http://SAFEHARBOR.NAVYLIVE.DODLIVE.MIL)

GET CONNECTED TODAY!

<http://safeharbor.navalive.dodlive.mil>

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