

# 2014 WOUNDED WARRIOR PACIFIC INVITATIONAL

Navy Training Camp and Exhibition

JAN. 5-11, 2014

Honolulu, Hawaii





## About Navy Wounded Warrior (NWW) – Safe Harbor

NWW coordinates the non-medical care of seriously wounded, ill and injured Sailors and Coast Guardsmen, and provides resources and support to their families. Non-medical care managers tailor support to each enrolled service member's recovery, rehabilitation and reintegration needs. The program allows service members and their families to focus on recovery without distractions.

Non-medical support includes assisting with pay and personnel issues; Invitational Travel Orders; lodging and housing adaptation; child and youth care; transportation needs; legal and guardianship issues; education and training benefits; Commissary and Exchange access; respite care; traumatic brain injury/post-traumatic stress disorder support services; and more.

To contact NWW, call 1-855-NAVY WWP (628-9997), email  
navywoundedwarrior@navy.mil or  
visit <http://safeharbor.navylive.dodlive.mil>.



# Welcome to the Wounded Warrior Pacific Invitational!

Commander, Navy Installations Command N95 headquarters and Navy Region Hawaii are proud to host the inaugural Wounded Warrior Pacific Invitational in Honolulu. The event also is supported by the U.S. Pacific Fleet.

N95 is Navy Wounded Warrior (NWW) – Safe Harbor, the Navy's sole program providing non-medical support to seriously wounded, ill and injured Sailors and Coast Guardsmen, as well as their families.

More than 100 wounded warriors from the Air Force, Army, Coast Guard, Marines, Navy, and Special Operations Command will compete in cycling; seated volleyball; swimming; track and field; and wheelchair basketball. Participants in the competition include active-duty and retired service members with upper-body, lower-body and spinal cord injuries; serious illnesses; traumatic brain injuries; visual impairment; and post-traumatic stress disorder.

More than 40 Sailors and Coast Guardsmen will participate in a training camp at Joint Base Pearl Harbor-Hickam Jan. 5-7 prior to the joint-service competition, which will take place Jan. 8-10.

The Wounded Warrior Pacific Invitational is one in a series of adaptive athletics events taking place in 2014. Adaptive athletics – sports that are modified to meet the abilities of those who are injured or ill – are essential to the recuperation of wounded warriors. All enrollees in NWW are encouraged to make athletics a key component of their recovery and rehabilitation plans.

# Training Schedule

Wounded warriors from the Navy and Coast Guard will participate in the practice sessions listed below.

## Sunday, Jan. 5

8:30 a.m.-12:00 p.m.	Field Practice	Joint Base Pearl Harbor-Hickam Earhart Field
1:00-3:00p.m.	Wheelchair Basketball Practice	Joint Base Pearl Harbor-Hickam Fitness Center
3:00-5:00 p.m.	Seated Volleyball Practice	Joint Base Pearl Harbor-Hickam Fitness Center

## Monday, Jan. 6

8:30 a.m.-12:00 p.m.	Track and Field Practice	Joint Base Pearl Harbor-Hickam Earhart Field
1:30-4:30 p.m.	Swimming Practice	Joint Base Pearl Harbor-Hickam Scott Pool
6:00-8:00 p.m.	Seated Volleyball Practice	Joint Base Pearl Harbor-Hickam Fitness Center

## Tuesday, Jan. 7

8:30 a.m.-12:00 p.m.	Cycling Practice	Joint Base Pearl Harbor-Hickam Club Pearl
8:30 a.m.-12:00 p.m.	Track Practice	Joint Base Pearl Harbor-Hickam Earhart Field
1:30-4:30 p.m.	Track Practice	Joint Base Pearl Harbor-Hickam Earhart Field
1:30-4:30 p.m.	Swimming Practice	Joint Base Pearl Harbor-Hickam Scott Pool
1:30-4:30 p.m.	Cycling Practice	Joint Base Pearl Harbor-Hickam Club Pearl
3:30-5:30 p.m.	Seated Volleyball Practice	Joint Base Pearl Harbor-Hickam Fitness Center
6:00-8:00 p.m.	Wheelchair Basketball Practice	Joint Base Pearl Harbor-Hickam Fitness Center



# Exhibition Schedule

Wounded warriors from the Air Force, Army, Coast Guard, Navy, and Special Operations Command will participate in the competitions listed below.

## Wednesday, Jan. 8

8:00 a.m.-12:00 p.m.	Track and Field Meet	Iolani High School
2:00-6:00 p.m.	Cycling Competition (Time Trials Only)	Joint Base Pearl Harbor-Hickam Freedom Tower
6:30-9:00 p.m.	Wheelchair Basketball Competition	Joint Base Pearl Harbor-Hickam Fitness Center

## Thursday, Jan. 9

9:00 a.m.-12:00 p.m.	Swim Meet	Iolani High School
1:30-4:30 p.m.	Wheelchair Basketball Competition	Joint Base Pearl Harbor-Hickam Fitness Center
6:30-9:00 p.m.	Wheelchair Basketball Competition	Joint Base Pearl Harbor-Hickam Fitness Center

## Friday, Jan. 10

9:00 a.m.-12:00 p.m.	Seated Volleyball Competition	Joint Base Pearl Harbor-Hickam Fitness Center
1:30-4:30 p.m.	Seated Volleyball Competition	Joint Base Pearl Harbor-Hickam Fitness Center
6:30-9:00 p.m.	Seated Volleyball Competition	Joint Base Pearl Harbor-Hickam Fitness Center

## Saturday, Jan. 11

3:00-6:00 p.m.	All Services Luau	Hale Koa Hotel
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# Navy and Coast Guard Athlete Roster

Rory Aguilar  
Retired Navy Construction Mechanic 1st Class  
Serious injury

Angelo Anderson  
Navy Hospital Corpsman 3rd Class  
Combat-wounded

Rickey Bennett  
Retired Navy Lieutenant  
Combat-wounded

Marlon Bevans  
Retired Navy Aviation Support Equipment Technician  
2nd Class  
Serious injury

Patrick Blair  
Retired Navy Logistics Specialist 2nd Class  
Serious injury

George Borovina  
Navy Commander  
Serious illness

Gregory Boyd  
Navy Boatswain's Mate 2nd Class  
Serious illness

Jim Castaneda  
Retired Navy Boatswain's Mate 1st Class  
Serious illness

Joseph Derbak  
Retired Navy Hospital Corpsman 2nd Class  
Combat-wounded

Nathan Dewalt  
Retired Navy Master-at-Arms 3rd Class  
Serious injury

Ching Dressel  
Chief Navy Career Counselor  
Serious illness

John Edmonston  
Retired Navy Lieutenant  
Serious injury

Jacob Emmott  
Retired Navy Hospital Corpsman 2nd Class  
Combat-wounded

Isaac Francois  
Retired Navy Hospital Corpsman 2nd Class  
Serious illness

Maria Gomez-Mannix  
Navy Lieutenant Commander  
Serious illness

Shericka Goza  
Navy Sonar Technician Surface 2nd Class  
Serious illness

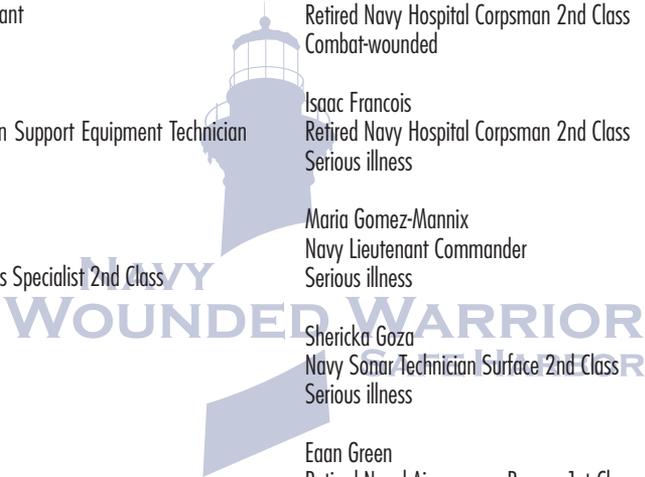
Eaan Green  
Retired Naval Aircrewman Romeo 1st Class  
Serious injury

Nathaniel Hamilton  
Retired Navy Hospital Corpsman 3rd Class  
Combat-wounded

Steven Hancock  
Retired Navy Master-at-Arms Seaman  
Serious injury

Andrew Johnson  
Retired Navy Aviation Structural Mechanic 1st Class  
Serious illness

Paul Johnson  
Retired Coast Guard Electrician's Mate 1st Class  
Serious injury



Tracey Jones  
Retired Navy Yeoman 2nd Class  
Invisible wounds

John Kremer  
Retired Navy Explosive Ordnance Disposal  
Technician 1st Class  
Combat-wounded

Sonny Lemerande  
Retired Navy Hospital Corpsman 2nd Class  
Combat-wounded

John Manning  
Retired Navy Captain  
Serious injury

Steve Miller  
Retired Navy Aviation Boatswain's Mate 2nd Class  
Invisible wounds

Ramon Moore  
Retired Coast Guard Machinery Technician 1st Class  
Serious illness

Joan Mulligan  
Retired Navy Lieutenant  
Serious injury

Brett Parks  
Naval Aircrewman Mechanical Airman  
Serious injury

Shemariah Pradia  
Retired Navy Hospitalman  
Serious illness

Kathleen Ray  
Retired Navy Aviation Technician 3rd Class  
Serious injury

Javier Rodriguez Santiago  
Navy Chief Yeoman  
Serious injury

Michael Roggio  
Retired Navy Aviation Electrician's Mate 3rd Class  
Serious injury

Laura Root  
Retired Navy Lieutenant Junior Grade  
Serious illness

Joshua Rosenberg  
Retired Navy Electrician's Mate 2nd Class  
Serious illness

Jonathan Rumburg  
Retired Navy Hospital Corpsman 3rd Class  
Combat-wounded

Christopher Shunk  
Retired Coast Guard Chief Operations Specialist  
Serious injury

Jeanette Tarqueno  
Navy Chief Gunner's Mate  
Serious injury

Hector Varela  
Retired Navy Chief Gunner's Mate  
Serious injury

David Vernaza  
Retired Navy Construction Mechanic 2nd Class  
Combat-wounded

Robert Westfall  
Navy Master-at-Arms 2nd Class  
Serious illness



NAVY  
WOUNDED WARRIOR

## ATHLETE TESTIMONIAL

# Machinist's Mate 1st Class

## Michael Dayton

### NWW Enrollee and Adaptive Athletics Participant

My accident occurred in 2007, on St. Patrick's Day, of all days. I was working in the engine room aboard USS Emory S. Land (AS 39), completing repairs to a pump on a fresh-water collection tank, when a steam-relief valve opened above me. I was blasted with 650-degree dry steam at greater than 150 psi (pounds per square inch). It was seven seconds of pure agony.

I sustained burns to more than 22 percent of my lower body; my entire left leg from my ankle to knee had to be skin-grafted. I was burned on my right leg and my upper-left arm, and I had inhalation burns and second-degree contact burns to my face and neck.

I had to endure a long and very painful road to recovery. Though I was out of the hospital and back on the ship in about three months, I had to wear compression garments 23 hours a day for a year. Getting active again also was a struggle. At first, just walking a hundred yards left me completely exhausted, and I would pass out for a few hours afterwards. I had to constantly push myself to get up and walk again.

So, as you  
inaugural  
wounded  
accident.  
volleyball



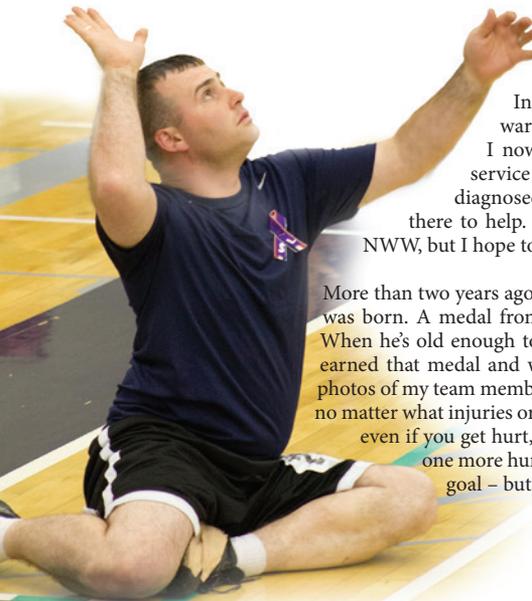
might imagine, I was incredibly proud to participate in the Warrior Games in 2010 – a competition among elite warrior athletes – a little more than four years after my I didn't let my injury hold me back on the track, on the court, or in life.

I am not a quitter. And I refused to let my injury get the better of me. After I was hurt, I told my commanding officer to hold my billet, because I wanted to return to the ship. I probably could have been medically retired, but, if given the option, was determined to stay in the Navy and continue doing my job. And this year marked my 13th anniversary in the service.

Being on active duty has helped me spread the word about NWW, which has been really beneficial for me.

Initially, I didn't consider myself a wounded warrior; I wasn't wounded in combat. But I now realize that doesn't matter. If you are a service member, and you are seriously hurt or diagnosed with a life-changing illness, NWW is there to help. Too few people in the Navy know about NWW, but I hope to change that.

More than two years ago, my first child, Anthony Jameson Dayton, was born. A medal from the Warrior Games hangs in his room. When he's old enough to understand, I will explain to him how I earned that medal and why I am so proud of it. I will show him photos of my team members, and tell him how we all came together, no matter what injuries or illnesses we faced. And I will tell him that, even if you get hurt, you are not out of the fight. You just have one more hurdle to overcome as you work towards your goal – but success is still within your reach.



## ATHLETE TESTIMONIAL

# Retired Navy Hospital Corpsman 2nd Class Sonny Lemerande

NWW Enrollee and Adaptive Athletics Participant

**Wounded Warrior Pacific Invitational Participant**

In 2009, during my second deployment as a Navy corpsman, I was wounded in Afghanistan. My Humvee was struck by a pressure plate anti-tank mine, injuring my right leg. And, though I didn't feel the effects until I returned home, my experiences in combat changed me and later brought about post-traumatic stress disorder. My wounds – both visible and invisible – still affect me today.

A year after the incident, I was working as a physical therapist in Twentynine Palms, Calif., and I was pretty bitter. Every day I met with service members who were ill or had been injured, but I thought anyone who wasn't wounded in combat wasn't truly a wounded warrior. Their struggles, I thought, couldn't really compare to what men and women were experiencing on the battlefield. And that made me angry.

But the Warrior Games and adaptive athletics were very me. They opened my eyes and helped me let go of some feelings. I met teammates who altered my perspective on 'means to be a wounded warrior – and to fight each day sure your illness or injury doesn't get the better of you.



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Teammates like Jim Castaneda. Jimmy is a retired boatswain's mate who suffered a stroke while his ship was underway near the Philippines. Though his recovery has sometimes been pretty tough, he always has a positive attitude, no matter what obstacles he has had to face. And Jimmy cracks me up. I will never forget when he was playing seated volleyball at the Warrior Games one year, and he unexpectedly blocked a very hard spike – and then was completely amazed by what he had done.

That's what adaptive athletics is all about. It is a great rehabilitation tool for wounded warriors – reminding you that life's not over just because you are ill or were injured. Athletics show you that you can still surprise yourself.

Adaptive athletics and programs like NWW have helped me cope. When things get difficult, attending the Warrior Games or a sports camp is a respite from life's stresses. There, I can hang out with people who really understand me, and who have supported me for four of the most challenging years of my life. For that, I am so grateful.



## LEADERSHIP BIOGRAPHY

# Rear Admiral Richard L. Williams

Commander, Navy Region Hawaii

Commander, Naval Surface Group Middle Pacific

Williams is a native of Pittsford, N.Y., earning a Bachelor of Science degree in Business Administration from the Rochester Institute of Technology and was commissioned through Navy ROTC as a Surface Warfare Officer in June 1984.

Williams' early operational tours include Anti-Submarine Warfare Officer USS Trippe (FF 1075), Combat Systems Officer in USS Taurus (PHM-3), Combat Systems Officer in USS Aubrey Fitch (FFG 34), Combat Systems Officer in Destroyer Squadron Eight and Executive Officer in USS O'Bannon (DD-987).

Williams commanded USS McInerney (FFG 8) from 2002 through 2004 earning the Battle E for Excellence and the Department of Homeland Security Golden Eagle Award for successful counter-narcotic and maritime interdiction operations.

Major Command assignments included Commander Destroyer Squadron Two-Six, leading Maritime Security task groups in the Arabian Gulf from 2006 through 2008, followed by Deputy FIFTH Fleet and Director of Maritime Operations from 2008 through 2009 in support of Operations Iraqi Freedom and Enduring Freedom, as well as directing maritime Counter Piracy and Counter Terrorist operations.

Shore assignments include Navigation and Leadership Instructor duties at the U.S. Naval Academy from 1989-1991, Executive Assistant to the Deputy of Missile Defense Agency in 2000-2002, lead Campaign Planner OPNAV Assessments/Capability Analyses N81 from 2004 -2006, Special Assistant to Chief of Naval Operations from 2009 to 2011 and Executive Assistant to the Commander, Central Command from 2011 through 2012. As a flag select, Williams led the Fleet Forces Assessments branch in support of the Navy's new Readiness Kill Chain enterprise initiative in 2012 and 2013.

Williams earned a Master of Business degree from the University of Maryland, holds a Master of Arts in National Security and Strategic Studies from the Naval War College, and completed the MIT Strategic Security Seminar XXI Fellowship.

Personal decorations include the Defense Superior Service Medal (two awards) Legion of Merit (four awards), Meritorious Service Medal (two awards), Joint Commendation Medal, Navy Commendation Medal (four awards), Army Commendation Medal, and Navy Achievement medal (three awards).

Williams assumed command of Navy Region Hawaii and Naval Surface Group Middle Pacific in July 2013.

# Acknowledgements

The Wounded Warrior Pacific Invitational would not have been possible without the assistance provided by charitable organizations that support wounded warriors and their families. These organizations include, but are not limited to:

Hero Miles (Fisher House Foundation)

The Honolulu Council of the Navy League of the United States

Navy Safe Harbor Foundation

United Service Organizations (USO)

NWW also sincerely thanks the other services participating in the Wounded Warrior Pacific Invitational – the Air Force, the Army, the Marines, and Special Operations Command – for their support, and for sharing their local contacts and expertise.

NWW also is extremely grateful for the partnership and close collaboration with Navy Region Hawaii. It also is thankful for the invaluable assistance of the U.S. Pacific Fleet and the Chief Petty Officer's Mess.

Additionally, NWW thanks the Naval Operational Support Center Ft. Carson, the Transportation Security Administration, Iolani High School, and associations and volunteers throughout the island that supported the event.

*Alahalo!*

“Just being out here, participating, motivating each other, that’s winning to me.  
As long as you get somebody off the bench and make them happy,  
and show them not to give up hope, that’s winning to me.”

- Retired Navy Aviation Support Equipment Technician 2nd Class Marlon Bevans



716 Sicard Street, SE  
Suite 1000, Building 111, Room 204  
Washington Navy Yard, DC 20374

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