



## ANCHOR PROGRAM

**Navy Safe Harbor's Anchor Program solidifies the Navy's covenant to provide "lifetime support" to seriously wounded, ill, and injured Sailors. The Anchor Program matches a Sailor or Coast Guardsman returning to his or her local community with two mentor volunteers that will provide local support and assistance.**

**The Anchor Program Coordinator will work with you, your Non-medical Care Manager, the service's local Reserve component, and the local veteran organizations to ensure you are paired with a team of volunteers that can best support you and your family.**

### **Why should I enroll in the Anchor Program?**

Transitioning out of active service is rarely easy. You and your family may have additional challenges due to your illness or injury. The Anchor Program was established as part of Navy Safe Harbor's commitment to providing you and your family with transition and reintegration assistance. Our service to you does not end at the medical treatment facility's door.

Anchor Program volunteer mentors will assist you during your transition and reintegration. Whether you grew up in your local community or are moving there for the first time, as a Navy veteran and a wounded warrior, your team of volunteer mentors will help you to identify local services, programs, and people that will support your transition and recovery goals.

Your volunteer mentors will also help you stay connected with your Navy Safe Harbor Non-medical Care Manager and will be your "boots on the ground" in the local area to assist your Care Manager.

Having shipmates and senior citizens of the community in your corner during this crucial time is a "win-win" for you.

Enrollment in the Anchor Program is purely voluntary.

### **What will an Anchor Program Volunteer do for me?**

The volunteer mentors will be a contact for you in your community that will help you establish local contacts and become familiar, or reacquainted, with your community.

They will provide you with the following, based on the needs you express to them:

- Offer you a local community social contact to help ease your and your family's transition from the Navy or Coast Guard.
- Provide you with a wide range of "personal referrals" based on your expressed needs (e.g., location of best barbecue restaurant, church with congregation matching your values, most reliable plumber).
- Provide networking opportunities with local employers.

Anchor Program volunteer mentors will serve as your "sounding board" to assist you in locating local services and programs that will support your continuous recovery goals.

### **Who are Anchor Program Volunteer Mentors?**

The first is a "peer" mentor, a shipmate selected from your service's local Reserve component. The second is a "senior mentor" selected from a pool of veterans and retirees by partnerships with American Legion, Navy League of the United States, Fleet Reserve Association, Quality of Life Foundation, Military Officers Association of America, and many other community support organizations.



### *Continuum of Care*

**Navy Safe Harbor support does not end at the medical treatment facilities' door. The key to Safe Harbor's success is providing service members with a lifetime of care and support.**

Volunteer mentors are requested to support you and your family for at least one year, with a minimum of monthly telephone or in-person contact.

They are committed to respect you and your family's privacy, limiting information sharing about you to the Navy Safe Harbor Care Management team only. Your privacy is important to us.

#### **How long will I be enrolled in the Anchor Program?**

You may be enrolled in the program for as long as you need or want local community support.

#### **When am I eligible to enroll into the Anchor Program?**

Once you have decided to leave active service you are eligible to begin the enrollment process. It is never too soon to have a support team in place to help you and your family in making this transition and we encourage you to enroll as soon as you have determined your ultimate place of residence after separation.

#### **How do I enroll in the Anchor Program?**

When you are ready to enroll, let your Navy Safe Harbor Non-medical Care Manager know. He or she will assist you in filling out and submitting the Anchor Program Enrollment Form. The Navy Safe Harbor Anchor Program Coordinator will:

- Contact the Navy Operational Support Command and partner organizations with your location information.
- The local Navy Operational Support Command and partner organizations will solicit for volunteers at your location and provide name(s) to the Navy Safe Harbor Anchor Program Coordinator.
- Navy Safe Harbor will coordinate the initial contact between you, your family, your Non-medical Care Manager, and the volunteer mentors.

#### **Where can I find out more about the Anchor Program?**

For more information on the Anchor Program, contact the Coordinator at 703-692-2186 or visit the Safe Harbor website, [www.safeharbor.navy.mil](http://www.safeharbor.navy.mil). Inquiries may be sent to [safeharbor@navy.mil](mailto:safeharbor@navy.mil).

**877-746-8563**

**[safeharbor@navy.mil](mailto:safeharbor@navy.mil)**

**[www.safeharbor.navy.mil](http://www.safeharbor.navy.mil)**

